

# **Optimal Opti-Care**

## **• PRODUCT DATA SHEET •**

**Opti-Care is the ultimate 'digestive repair formula' designed to repair digestive problems caused by alcohol and soft drink consumption and can aid individuals with ulcerative and gastric reflux conditions. Stop living with digestive discomfort - Opti-Care can keep you feeling and performing at your best.**

For over a decade, Optimal Health Systems has been recognized for creating the most effective digestive formulas available. We learned through research many years ago that in order to completely digest your food and provide all the life-giving nutrients at the cell level, you need to include pure plant enzymes, stabilized probiotics and organic minerals. Our Digestion formula has been the best seller in this category for over 5 years.

Today, OHS has broken the mold again by launching Opti-Care, our newly formulated "Digestive Repair" formula. Opti-Care is designed to fix digestive problems that are caused by alcohol consumption, acidic sodas, ulcerative and gastric reflux conditions. This powerful formula also helps with nausea and gastric upset that has been caused by years of dietary abuse.

Opti-Care's powerful chewables immediately work to coat the stomach with a healing matrix. Other digestive formulas coat the stomach with a synthetic lining and may relieve pain, however they do nothing for repair. Our formula not only helps to immediately rid the body of digestive pain, it also repairs the existing condition so that you can eventually stop taking Opti-Care and use your daily digestion capsules to continue to ensure full digestion and delivery of nutrients.

Opti-Care utilizes a special deglyceranated form of licorice root and a patented form of Glutamine. These two nutrients in this form have been proven to provide tremendous healing benefits to the body. Our newly formulated chewables also contain our proprietary Opti-Blend delivery system that ensures the quick delivery of the nutrients to the needed areas.



## The Benefits of Opti-Care's Patented Form of Glutamine

Research has shown that Glutamine neutralizes acidosis in the intestinal tract, enhances intestinal absorption of nutrients and can act as an energy source. According to the PDR for Nutritional Supplements studies have shown that the demand for glutamine by the intestines at times of stress can be much greater than that supplied by skeletal muscle which is the major storage tissue of glutamine. At these times of stress the integrity of the intestinal mucosa may be compromised allowing Gram-negative bacteria to escape into the body. Free form Glutamine and L-Glutamine are not stable and are unable to sufficiently provide the benefits listed above. However, research conducted by Albion Laboratories has shown that the Stabilized Magnesium Glycyl Glutamine used in Opti-Care remains stable in solution and is readily assimilated in to the mucosal cell.

## Deglycyrrhizinated Licorice Root

Deglycyrrhizinated Licorice is used to treat peptic ulcers in two ways. First, DGL contains flavonoids that have anti-microbial activity - including activity against the ulcer-causing bacteria *Helicobacter pylori*. DGL also works by stimulating mucus formation and secretion in the stomach. Studies have shown that DGL is about as effective as the anti-ulcer drugs cimetidine and ranitidine and DGL has no known contraindications. In other studies, DGL has demonstrated significant protection against damage of gastric mucosa caused by aspirin and NSAIDS.

The best digestive repair formula ever created. Now you have a digestive repair formula to solve those nagging digestive complaints and concerns that are keeping you from feeling and performing at your best.

These chewables provide Deglycyrrhizinated Licorice, known as DGL, and Stabilized Glutamine. Clinical studies on DGL have shown its effectiveness in improving digestive comfort and promoting healthy gastric tissues and function. Ginger has also been added to this formula to promote healthy digestion.\*\*

**Recommended Use:** Take one chewable 20 minutes before meals twice daily or as directed by a health care professional.

STORE TIGHTLY CLOSED IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

\*\* Supplied by Albion Advanced Nutrition. Covered by one or more Albion International Inc., U.S. Patents 4,599,152, 4,830,716, 4,863,898, 5,614,553 and patents pending.

\*\*\* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Mfg. for OHS  
Mesa, Arizona USA  
To Order, Call:  
1-800-890-4547



### Supplement Facts

Serving Size 1 Chewable

Amount Per Chewable	% Daily Value
Total Calories	7
Total Carbohydrate	2 g <1%
Dietary Fiber	0 g 0%
Sugars	1.4 g
Magnesium (as Magnesium Glycyl Glutamine)**	6 mg 1%
Deglycyrrhizinated Licorice (root) (<3% Glycyrrhizic acid)	380 mg *
Magnesium Glycyl Glutamine**	75 mg *
Ginger Extract (root)	25 mg *
Opti-Blend™ Delivery System	10 mg *

\*Daily Value not established  
Other Ingredients: Opti-Blend™ Delivery System (Amylase, Protease I, Protease II, Lipase, Invertase, Maltase, Cellulase, Lactase, HemiSeb™, Zinc Amino Acid Chelate\*\*, Copper Amino Acid Chelate\*\*, Manganese Amino Acid Chelate\*\*, Molasses), Fructose, Stearic Acid, Carob, Ethylcellulose, Natural Flavor, Magnesium Stearate and Silica.

FRESHNESS AND POTENCY GUARANTEED THROUGH:



Optimal Health Systems  
49 South Sycamore Street • Suite 3  
Mesa, Arizona 85202 • USA  
800-890-4547 • 480-890-2221  
info@optimalhealthsystems.com  
<http://www.optimalh.com>