

Naturally Support a Calm Mind and Body

Calming Power

Supplies the body with herbs and nutrients proven to have a calming effect.

Longer REM Cycles

Promotes calm and sleep, relaxation, and encourages a longer, better quality REM stage.

Wellness Boost

Helps prevent anxiety, memory loss, fat gain, mood swings, high blood pressure, and more because of the better sleep quality.

Clear Your Mind

Allows the brain to remove toxins that get built up in the waking hours allowing it to function normally the next day.











Whole Food





Gluten-Free



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