

## Essential Protect

### Why This Supplement?



Essential Protect serves a dual purpose: providing therapeutic doses of potent phytonutrients for tissue healing and protection. Renowned for supporting eye health, it incorporates research-backed ingredients to combat vision issues exacerbated by modern technology.

### What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

### The Results!

By delivering targeted phytonutrients, Essential Protect aids in healing tissues affected by diseases and offers robust protection. It specifically addresses eye health, countering issues like macular degeneration, cataracts, and retinitis pigmentosa induced by prolonged screen exposure. Tailored to counteract the impact of excessive screen time, it offers defense against blue light-induced sleep troubles and eye fatigue.

### Quick Facts!

- Vision Defense: Essential Protect shields against vision issues caused by technology, combating eye strain, dryness, and potential retinal damage.
- Nutrient Powerhouse: Packed with zeaxanthin, lutein, vitamin E, turmeric, green tea extract, sulforaphane, and lycopene for holistic eye support.



### Dosing

Take 2 capsules daily, or as directed.

### Supplement Facts

Serving Size: 2 Vegetable Capsules Servings Per Container: 30

Amount Per Serving		%DV
Vitamin E (as D-Alpha Tocopherol Succinate)	268 mg/400 IU	**
Curcumin	250 mg	**
EGCG from Camellia Sinensis	125 mg	**
Luteolin	50 mg	**
Sulforaphane (Glucosinolate)	25 mg	**
Lycopene	15 mg	**
Lutein	10 mg	**
Zeaxanthin	2 mg	**

\*\* Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Silicon Dioxide and veggie capsule.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
[www.ohs4life.com/Protect](http://www.ohs4life.com/Protect)