

## Essential NADH+DIM

### Why This Supplement?



Essential NADH+DIM is formulated to safeguard the brain from the detrimental effects of chronic stress. Combining NADH, known for its brain-protective properties, with DIM, the formula supports cellular energy, neurotransmitter balance, and cognitive function for comprehensive mental well-being.

### What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

### The Results!

Taking Essential NADH+DIM provides neuroprotection by repairing cell and DNA damage, enhancing brain energy, reducing hangover side effects, and stimulating neurotransmitters. It aids in stress management, reduces anxiety, and improves cognitive function, promoting lasting mental well-being.

## Essential NADH+DIM

### Why This Supplement?



Essential NADH+DIM is formulated to safeguard the brain from the detrimental effects of chronic stress. Combining NADH, known for its brain-protective properties, with DIM, the formula supports cellular energy, neurotransmitter balance, and cognitive function for comprehensive mental well-being.

### What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

### The Results!

Taking Essential NADH+DIM provides neuroprotection by repairing cell and DNA damage, enhancing brain energy, reducing hangover side effects, and stimulating neurotransmitters. It aids in stress management, reduces anxiety, and improves cognitive function, promoting lasting mental well-being.

## Essential NADH+DIM

### Why This Supplement?



Essential NADH+DIM is formulated to safeguard the brain from the detrimental effects of chronic stress. Combining NADH, known for its brain-protective properties, with DIM, the formula supports cellular energy, neurotransmitter balance, and cognitive function for comprehensive mental well-being.

### What Sets Us Apart?

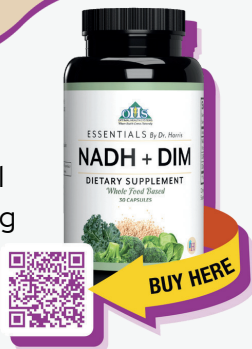
Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

### The Results!

Taking Essential NADH+DIM provides neuroprotection by repairing cell and DNA damage, enhancing brain energy, reducing hangover side effects, and stimulating neurotransmitters. It aids in stress management, reduces anxiety, and improves cognitive function, promoting lasting mental well-being.

## Quick Facts!

- Brain Shield: Essential NADH+DIM combines NADH and DIM for optimal brain protection, promoting cellular energy, neurotransmitter balance, and cognitive function.
- NADH repairs cell and DNA damage, reducing anxiety, and enhancing cognitive function for improved stress resilience.
- Plant-based NADH creates the chemical messengers that influence mood and protect, regenerate, and enhance your brain.
- Utilizes DIM, Diindolylmethane (DIM) is found in cruciferous vegetables, this nutrient regulates estrogen.



## Quick Facts!

- Brain Shield: Essential NADH+DIM combines NADH and DIM for optimal brain protection, promoting cellular energy, neurotransmitter balance, and cognitive function.
- NADH repairs cell and DNA damage, reducing anxiety, and enhancing cognitive function for improved stress resilience.
- Plant-based NADH creates the chemical messengers that influence mood and protect, regenerate, and enhance your brain.
- Utilizes DIM, Diindolylmethane (DIM) is found in cruciferous vegetables, this nutrient regulates estrogen.



## Quick Facts!

- Brain Shield: Essential NADH+DIM combines NADH and DIM for optimal brain protection, promoting cellular energy, neurotransmitter balance, and cognitive function.
- NADH repairs cell and DNA damage, reducing anxiety, and enhancing cognitive function for improved stress resilience.
- Plant-based NADH creates the chemical messengers that influence mood and protect, regenerate, and enhance your brain.
- Utilizes DIM, Diindolylmethane (DIM) is found in cruciferous vegetables, this nutrient regulates estrogen.



## Dosing

Take 1 capsule twice daily or as directed

## Dosing

Take 1 capsule twice daily or as directed

## Dosing

Take 1 capsule twice daily or as directed

### Supplement Facts

Serving Size: 1 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value
<b>NADH</b> (Nicotinamide Adenine Dinucleotide)	10 mg**
<b>D-Ribose</b>	200 mg**
<b>Diindolylmethane</b>	200 mg**

\*\*Daily value not established.

Other Ingredients: Plant Based Magnesium Stearate, Vegetable Capsule.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
[www.ohs4life.com/nd](http://www.ohs4life.com/nd)

### Supplement Facts

Serving Size: 1 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value
<b>NADH</b> (Nicotinamide Adenine Dinucleotide)	10 mg**
<b>D-Ribose</b>	200 mg**
<b>Diindolylmethane</b>	200 mg**

\*\*Daily value not established.

Other Ingredients: Plant Based Magnesium Stearate, Vegetable Capsule.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
[www.ohs4life.com/nd](http://www.ohs4life.com/nd)

### Supplement Facts

Serving Size: 1 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value
<b>NADH</b> (Nicotinamide Adenine Dinucleotide)	10 mg**
<b>D-Ribose</b>	200 mg**
<b>Diindolylmethane</b>	200 mg**

\*\*Daily value not established.

Other Ingredients: Plant Based Magnesium Stearate, Vegetable Capsule.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
[www.ohs4life.com/nd](http://www.ohs4life.com/nd)