

## Essential Resveratrol

### Why This Supplement?



Dr. Harris's Essential Resveratrol stands out due to its highly bioavailable whole food form, sourced from Japanese knotweed and alcohol-free red wine extract. Formulated with Opti-Blend delivery system, it ensures optimal absorption for immune support and acts as a potent free radical scavenger.

### What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

### The Results!

Essential Resveratrol delivers immune enhancement and serves as a powerful antioxidant, preventing coronary diseases and mitigating inflammatory conditions like arthritis, lupus, and celiac disease. Its corrective immune action reduces overactivity and boosts antibacterial properties, offering a holistic approach.

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## Quick Facts!

- **Research-Backed:** Supported by over 2,000 studies, it prevents coronary diseases and exhibits anti-inflammatory effects.
- **Corrective Immune Action:** Alleviates arthritis, lupus, and celiac disease by modulating immune responses.
- **Free Radical Fighter:** Acts as a potent antioxidant, neutralizing reactive oxygen species and improving antioxidant enzyme activity.



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## Dosing

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## Supplement Facts

Serving Size: 3 Vegetable Capsules	Servings Per Container: 30
Amount Per Serving	%Daily Value
Resveratrol Root Extract 50% (as Japanese Knotweed) (Polygonum cuspidatum)	300 mg**
Grape Seed Extract (Vitis vinifera)	225 mg**
Pine Bark Extract (Pinus pinaster)	225 mg**
Proprietary Whole Food Cultured Media Blend <b>Yeast, Pea Protein</b> Organic Fruit & Vegetable Blend: Wild Blueberry, Apple, Raspberry, Strawberry, Oat Bran, Cranberry, Grape, Orange, Raspberry Seed, Red Pepper, Carrot, Blackberry, Bilberry, Tart Cherry, Cinnamon, Broccoli, Cucumber, Pomegranate, Beet, Black Currant, Okra, Wild Yam.	30 mg**
Probiotics: Lactobacillus Acidophilus DDS-1™, Bacillus Coagulans, Lactobacillus Bulgaricus, Bifidobacterium Bifidum, Lactobacillus Salivarius, Lactococcus Lactis, Streptococcus Thermophilus, Bifidobacterium Lactis.	
Plant Enzymes: Amylase, Protease Blend, Peptizyme, Lipase, Invertase, Cellulase, Lactase, Maltase, Phytase.	

\*\*Daily value not established.

Other Ingredients: Hypromellose (Capsule), Rice Flour (Oryza Sativa), Phytase (AN), MCT Oil Powder, Plant Based Magnesium Stearate.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
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