

## Essential Ubiquinol

### Why This Supplement?



Essential Ubiquinol is your key to cardiovascular vitality, stress relief, and migraine management. With a highly bioavailable form of CoQ10, it rejuvenates heart health, combats stress and anxiety, provides potent antioxidant defense, and enhances energy production. Elevate your well-being with the ultimate support against oxidative stress and mood disorders.

### What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

### The Results!

Essential Ubiquinol delivers optimal results, supporting cardiovascular health, combating stress, and providing a potent antioxidant shield. Its highly bioavailable form ensures superior absorption, offering a natural approach to relieve symptoms of stress and anxiety. Trust in Essential Ubiquinol for sustained vitality and well-being, setting us apart from the rest.

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## Quick Facts!

- Highly bioavailable CoQ10 for optimal absorption.
- Supports heart health and counters oxidative stress.
- Acts as a potent lipid-soluble antioxidant, safeguarding cells from damage.



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## Dosing

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### Supplement Facts

Serving Size: 1 Softgel	Servings per Container: 60 Softgels
Amount Per Serving	% Daily Value
Ubiquinol (Kaneka Ubiquinol™) (Reduced Form CoQ10)	100 mg**

\*\*Daily value not established.

Other Ingredients: Olive Oil, Gelatin, Glycerin, Water, Soy Lecithin, Caramel, Titanium Oxide and Ascorbyl Palmitate.

Natural color variation may occur in this product.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
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