



OPTIMAL HEALTH SYSTEMS
Where Health Comes Naturally

Fat Reduction Package

Break free from the cycle of cravings and stalled progress with a science-backed approach to weight loss. Targeted nutrients work together to help you feel your best while achieving your goals.



Simplify Weight Loss



Control Hunger

Fermented fiber supports appetite regulation and makes healthy eating easier.



Block Fat Storage

Supplements to help prevent the body from storing fat, helping you shed unwanted pounds naturally.



Boost Metabolism

Lipase, patented chromium, and herbs like berberine metabolize fat and sugar for sustained energy.



Easy Balance

A complete blend of pure protein, essential fats, and carbs simplifies balanced nutrition while supporting weight management.



Why It Works

Designed to fill gaps in modern diets, this Package helps you manage appetite, improve digestion, and maintain lasting results.

- ✓ Fiber GLP-1
- ✓ Clean Protein
- ✓ MVP Fat Reduction Pak
- ✓ Eating for Health 101 Booklet

Take Control

ohs4life.com/reduct

