

## Optimal Flora Plus

### Why This Supplement?



Many factors in modern life can negatively impact our gut health, especially antibiotic use. Antibiotic means “against life,” which kills harmful strains of bacteria, as well as the beneficial strains we need for our health and well-being. You’re more susceptible to disease and illness when lacking in natural probiotics. Helpful flora is “probiotic,” which means “favoring life.” Our bodies contain approximately 3 lbs of friendly flora in the intestines.

### What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you’re getting the best nutrition possible.

### The Results

This was developed with input from the world’s leading probiotic authority, Dr. Khem Shahani. It contains several strains of flora that assist with digestion, nutrient absorption, and immune defense.

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## Quick Facts!

- Nutritionally helps with upset stomach, fatigue, frequent colds and flu, and sensitivity to dairy products.
- Supports intestinal health, improves digestion, and fights against toxins and infections.



## Dosing

Take 3 capsules daily, one with each meal or as directed.

## Supplement Facts

Serving Size: 3 Capsules      Servings Per: Container 30

Amount Per Serving	% Daily Value	
<b>Optimal Flora Blend</b>	255 mg/	**
( <i>Lactobacillus acidophilus</i> 22.5 billion CFU <i>DDS-1™</i> , <i>Lactobacillus bulgaricus</i> , <i>Bifidobacterium bifidum</i> , <i>Lactobacillus salivarius</i> , <i>Bifidobacterium</i> , <i>Lactococcus lactis</i> , <i>Streptococcus thermophilus</i> , <i>Bifidobacterium lactis</i> )		
<b>Jerusalem Artichoke</b>	75 mg	**
<b>Opti-Blend™ Delivery System</b>	30 mg	**
( <i>Amylase</i> , <i>Proteases</i> , <i>Peptizyme SP</i> , <i>Lipase</i> , <i>Invertase</i> , <i>Cellulase</i> , <i>Lactase</i> , <i>Diastase</i> , <i>Phytase</i> , <i>Molasses</i> )		

\*\*Daily Value not established.

Other Ingredients: Rice Flour (*Oryza Sativa*), Hypromellose (Vegetable Capsule), Rice Hulls (*Oryza Sativa*), Plant Based Magnesium Stearate. Patented Organic Zinc, Copper, Manganese, Rice Maltodextrin.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
[www.ohs4life.com/flora](http://www.ohs4life.com/flora)

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