

Optimal LeanClean Protein, Lava Cake, and Birthday Cake stand out with its unique fusion of whey and collagen proteins, offering muscle support and anti-aging benefits for skin and joints. Its versatile, low-carb, low-fat profile makes it a delicious and nutritious choice. With carefully chosen ingredients, it's predigested for optimal absorption, ensuring no bloating or indigestion.

What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

The Results

Optimal LeanClean Protein, Lava Cake, and Birthday Cake provide clean, easily digestible protein for healthy muscles, skin, hair, and nails. It supports muscle growth, fat loss, and anti-aging benefits, with a unique ability to retain flavor and texture when used in baking. Say goodbye to bloating and hello to a delicious, nourishing protein experience.



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Quick Facts!

- Optimal LeanClean Protein combines whev and collagen proteins for comprehensive benefits.
- supporting muscle growth, skin health, and joint function.



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LAVA CAKE

*% Daily Value (DV) not established Ingredients: Cocoa Powder, Natural Flavors

Lecithin, Stevia Leaf Extract, Sodium Chloride



BIRTHDAYCAKE

Dosing

Take 1 scoop mixed with 8 oz. of water or other healthy fluid. Mix thoroughly and drink.

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LAVA CAKE

Supplement Facts erving Size 1 Scoop (22.5g per scoop)

ervings Per Container 30 Amount Per Serving % Daily Value Calories Total Fat 0.5 g Saturated Fa Trans Fat Total Carbohydrate Dietary Fiber Total Sugars Prenue habba Calcium 82 mg

70 mg Sodlum 103 mg Potasslum 5,000 mg Enzyme Blend Amviases, Lactase, 250,000 AU

Percent Daily Value based on a 2000 calorie die % Daily Value (DV) not established

Ingredients: Cocoa Powder, Natural Flavors Lecithin, Stevia Leaf Extract, Sodium Chloride,

Proteases, Lipase

Cellulase (DigeSEB®,

BIRTHDAYCAKE

Supplement Facts

ving Size 1 Scoop (22.5g per scoop)

Servings Per Container 30		
Amour	nt Per Serving	% Dally Value
Calories	80	
Total Fat	0 g	3%*
Saturated Fat	0 g	**
Cholesterol	3 mg	
Total Carbohydrate	qg	1%
Dietary Fiber	0 g	4%
Total Sugars	0 g	**
Added Sugars	0 g	**
Protein	20 g	6%*
Calcium	78 mg	6%
Iron	0.18 mg	1%
Chloride	70 mg	3%
Sodium	103 mg	5%
Potassium	77 mg	3%
Whey Protein Isolate	16,667 mg	**
Hydrolyzed Collagen	5,000 mg	**
Enzyme Blend: Amylases, Lactase,	25 mg 250,000 AU	**
Proteases, Lipase, Cellulase (DigeSEB®)	250,000 AU	

rcent Daily Value based on a 2000 calorie die % Daily Value (DV) not established

Ingredients: Natural Flavors, Lecithin, Stevia Lea Extract, Sodium Chloride, Xanthan Gum, Monk

*These statements have not been evaluated by the FDA. This product is not intended to divagnose, treat, cure, or prevent any desease.

LAVA CAKE

BIRTHDAYCAKE

Supplement Facts Serving Size 1 Scoop (22.5g per scoop)

Servings Per Container 30 mount Per Serving % Daily Value Total Fat 0.5 g Saturated Fa Trans Fat 2 mg Total Carbohydrate

Dietary Fiber 1 g Total Sugars 0 a Addad Sunare 0 g 82 mg 70 mg Sodlum 103 mg Potasslur 140 mg 5,000 mg

Proteases, Lipase Cellulase (DigeSEB®) Percent Daily Value based on a 2000 calorie die

% Daily Value (DV) not established Lecithin, Stevia Leaf Extract, Sodium Chloride,

Supplement Facts

ving Size 1 Scoop (22.5g per scoop)

Servings Per Container 30			
Amoun	nt Per Serving	% Dally Value	
Calories	80		
Total Fat	0 g	3%*	
Saturated Fat	0 g	**	
Cholesterol	3 mg	**	
Total Carbohydrate	q g	1%	
Dietary Fiber	0 g	4%	
Total Sugars	0 g	**	
Added Sugars	0 g	**	
Protein	20 g	6%*	
Calcium	78 mg	6%	
Iron	0.18 mg	1%	
Chloride	70 mg	3%	
Sodium	103 mg	5%	
Potassium	77 mg	3%	
Whey Protein Isolate	16,667 mg	**	
Hydrolyzed Collagen	5,000 mg	**	
Enzyme Blend: Amylases, Lactase, Proteases, Lipase, Cellulase (DigeSEB®)	25 mg 250,000 AU	**	
Percent Daily Value based on a 2000 calorie diet			

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For full details and latest supplement facts, visit: www.ohs4life.com/lcl | www.ohs4life.com/lcb

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