



Optimal LeanClean Protein



Why This Supplement?

Optimal LeanClean Protein, Lava Cake, and Birthday Cake stand out with its unique fusion of whey and collagen proteins, offering muscle support and anti-aging benefits for skin and joints. Its versatile, low-carb, low-fat profile makes it a delicious and nutritious choice. With carefully chosen ingredients, it's predigested for optimal absorption, ensuring no bloating or indigestion.



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What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

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The Results

Optimal LeanClean Protein, Lava Cake, and Birthday Cake provide clean, easily digestible protein for healthy muscles, skin, hair, and nails. It supports muscle growth, fat loss, and anti-aging benefits, with a unique ability to retain flavor and texture when used in baking. Say goodbye to bloating and hello to a delicious, nourishing protein experience.

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Quick Facts!

- Optimal LeanClean Protein combines whey and collagen proteins for comprehensive benefits.
- supporting muscle growth, skin health, and joint function.



Dosing

Take 1 scoop mixed with 8 oz. of water or other healthy fluid. Mix thoroughly and drink.

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LAVA CAKE

Supplement Facts

Serving Size 1 Scoop (22.5g per scoop)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 90	
Total Fat 0.5 g	1%
Saturated Fat 0 g	**
Trans Fat 0 g	**
Cholesterol 2 mg	1%
Total Carbohydrate 2 g	1%
Dietary Fiber 1 g	4%
Total Sugars 0 g	**
Added Sugars 0 g	**
Protein 20 g	**
Calcium 82 mg	6%
Iron 0.18 mg	1%
Chloride 70 mg	3%
Sodium 103 mg	5%
Potassium 140 mg	3%
Whey Protein Isolate 16,667 mg	**
Hydrolyzed Collagen 5,000 mg	**

Enzyme Blend: 25 mg
Amylase, Lactase, 250,000 AU
Protease, Lipase,
Cellulase (DigeSEB®)

*Percent Daily Value based on a 2000 calorie diet
**% Daily Value (DV) not established

Ingredients: Cocoa Powder, Natural Flavors, Lecithin, Stevia Leaf Extract, Sodium Chloride, Xanthan Gum, Monk Fruit Extract.

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For full details and latest supplement facts, visit:
www.ohs4life.com/lcl | www.ohs4life.com/lcb

BIRTHDAYCAKE

Supplement Facts

Serving Size 1 Scoop (22.5g per scoop)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 80	
Total Fat 0 g	3%*
Saturated Fat 0 g	**
Cholesterol 3 mg	**
Total Carbohydrate 0 g	1%
Dietary Fiber 0 g	4%
Total Sugars 0 g	**
Added Sugars 0 g	**
Protein 20 g	6%*
Calcium 78 mg	6%
Iron 0.18 mg	1%
Chloride 70 mg	3%
Sodium 103 mg	5%
Potassium 77 mg	3%
Whey Protein Isolate 16,667 mg	**
Hydrolyzed Collagen 5,000 mg	**

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