

Live your healthiest, happiest life with clinically proven nutrients from our custom testing program.



- **"My heart disease risk dropped in half by taking the right nutrients from the blood work and being motivated by the test reports."**

M. Lines

- **"My patients take the custom paks from this program much more faithfully than a bunch of bottles."**

Dr. Teh, MD

- **"Getting the exact nutrients I need based off blood work and then objectively seeing and feeling the improvements has changed my life. I wish I would have found the Nutrients Rx program years ago."**

G. Innes



TEST

Find your body's unique needs, determined by blood & lab work testing 120+ biomarkers.



TAKE

Your own personalized nutrient program of research-proven whole-food supplements.



THRIVE

See your objective, proven results over time & enjoy your journey to optimal health.

Skip subjective supplementation and get a pure, potent dose of nutrients tailored to your exact needs and desires determined by blood work. Receive research-backed supplements proven to nutritionally support goals of better health, mental/emotional well-being, longevity, weight management, pain management, and more. Nutrients Rx does this by addressing the nutrients your body needs.

Welcome to **Nutrients Rx**

Lab testing.
Customized nutrients.
Life-changing results.



**Ask your Health Professional
how to get started today or go
to NutrientsRx.com**

The journey to a healthier life STARTS RIGHT NOW

4 out of 5 people take a vitamin and mineral regimen of some kind. You're likely included in that statistic. But, how do you know that the vitamins you're taking are ACTUALLY what YOUR body needs?

Nutrients Rx determines exactly what nutrients your body needs through blood, lab work and a comprehensive questionnaire. Then, based on your lab results and desires, it creates an easy-to-understand report and personalized supplement regimen with everything included.

Instead of spending hundreds of dollars each month on multiple bottles of vitamin supplements, you'll receive an entire Custom Pak of whole food based vitamins, minerals, enzymes, probiotics, and herbs that you know you'll benefit from. How will you know? When you get another set of lab work, you can see the improvement.



Nutrients Rx

How does it work?

1.

Receive the Direct Script from your Health Professional or visit <https://www.optimalhealthsystems.com/products/nutrients-rx> to purchase Nutrients Rx.

2.

Follow the directions you will receive in your email to Register Your Health Portal Account, complete your Health Questionnaire, and Print your lab work order to take to a lab for the blood draw.

3.

We'll create your custom supplement regimen based on your needs and desires and ship it right to your door. Your comprehensive blood & lab work report will be available in your personal Nutrients Rx Portal online. Simply take 1 packet morning and evening each day of the custom pak and work to improve your life style.

4.

Each month, after placing Nutrient Rx on Autoship, we will automatically send you a refill of your custom supplement paks so you never have to stress over reordering or running out.

5.

Every 6 months, we'll send you a reminder to retest your blood work for only \$349, saving you hundreds. This ensures that your needs are continually being met and your health is improving. If changes to your supplement paks are needed, we'll adjust automatically to ensure you the best results.

6.

After renewing blood work, you can easily compare previous results side-by-side to the new ones so that you can know you are lowering your risk for disease & increasing your energy & longevity.



What DOES IT COST?

The initial one-time purchase of the Nutrients Rx Blood work & Questionnaire program is \$349.

This includes:

- Initial Blood & Lab Work Panel - **\$800 Value**
- Health Professional Review & Protocol - **\$100 Value**
- Comprehensive Lab Report - **\$105 Value**

The automatic monthly shipment of your Customized Supplement Pak cost \$140 per month.

This includes:

- 1 Month Supply of Customized Supplements Based Off Your Needs (60 packets with 7 capsules each)

You Must set up your Nutrient Rx Custom Pak on the OHS autoship within your account

