



EXERCISE FOR PATIENTS
HEAL QUICKER



TRANSFORMATION
LIFELONG CHANGES



REFERRALS
ADD INSTANT INCOME



Health Professional Benefits

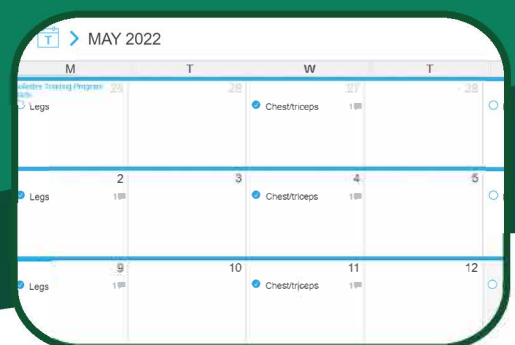
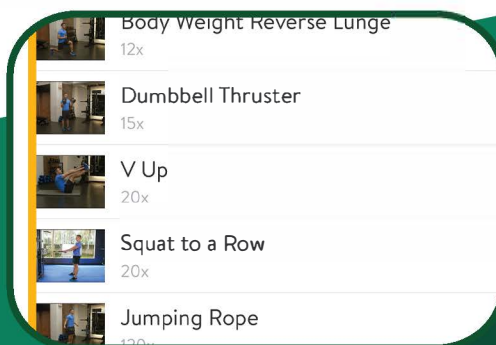
OHS PRESENTS...

World-Class Online Personal Training for Your Patients!

What's in it for your patients and you, the health professional?

- **Health Professionals increase residual income**
- Patients balance muscles to keep spine supported and joints mobile
- Patients improve energy and brain chemical balance (endorphins)
- Patients reduce body fat by increasing lean mass and calories burned
- Partnership with world-class professional trainers
- Programs backed by Hall of Fame Strength and Conditioning Coaches
- Stress-free accountability and support
- Measurable health progress

**Refer a patient to us and get
\$100 per initial 90-day signup**



SCRIPT TO USE WITH PATIENTS

“Based on your desires and treatment needs, we need to get the muscles around your spine strengthened, burning more body fat, and release the chemicals called endorphins in your brain that help you think clearer and create an even more positive outlook with more energy.”

Invite via Direct Scripts

“I’m going to write you a script for my professional online trainers. What is your phone number? I will send the script to you via text. Click on the link and quickly schedule your appointment with my certified trainers.”

Invite via Patient Flyer

“Here, take this flyer and scan the QR code on the back to quickly schedule your appointment with my certified trainers.”

COMMON PATIENT QUESTIONS AND ANSWERS

Q: Is there a cost?

Yes, the trainer will discuss your needs based on my recommendations and propose a plan that includes the cost.

Q: How qualified are the trainers?

They are all certified professional trainers and the programs are overseen by the top exercise specialists in the world, including hall of fame strength coaches from the NBA who specialize in performance and rehab exercises.

Q: How does it work?

The trainers will explain it to you, but the short version is that you will get a customized app that your workout will be on, and your trainer will design and assist you as needed in real-time. It is a very high-tech and personal program.

Q: Can I continue after I reach my goal?

Yes. You will be able to work with the trainers long-term and focus on other fitness goals like body sculpting and longevity programs.