

Black Seed Pearls

Why This Supplement?



Black seed oil protects and enhances numerous systems throughout the body. It fortifies the body's defenses with antioxidant, anti-inflammatory, and apoptotic inhibition mechanisms. In particular, the phytonutrient thymoquinone acts as a potent protector against various toxins, including metals, pesticides, solvents, detergents, and pollutants.

What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

The Results!

Research shows beneficial effects for diabetes and hypertension, as well as for prevention of neurodegenerative conditions like Alzheimer's. It has also been shown to help with asthma and allergies. Black seed oil is high in antioxidants, which your cells use to fight free radicals that can damage them and cause cancer.

Quick Facts!

- Black Seed Oil, also known as Black Cumin or *Nigella Sativa*, has been valued for centuries as both a spice and a powerful medicinal remedy. Its healing properties are mentioned in ancient texts such as Ayurveda and Traditional Chinese Medicine.

- Thymoquinone, a natural compound found in the oil, plays a key role in shielding brain cells from damage caused by toxins, oxidative stress, and inflammation, contributing to its neuroprotective properties. Black seed oil is known to be antifungal, antiviral, and antibacterial.



Dosing

Recommended Dose: Take 1-4 softgels per day or as directed.

Supplement Facts

Serving Size: 4 Softgels		Servings Per Container: 50
Amount Per Serving		% Daily Value
Black Seed Oil (<i>nigella sativa</i>)		2000 mg **
Thymoquinone (TQ) (Naturally Occuring)		40 mg **

**Daily Value not established.

Other ingredients: Bone gelatin (bovine), glycerin and purified water

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:
www.ohs4life.com/bsp