

Opti-Brain stands out as the pinnacle of cognitive support. A unique blend of holistic nutrients, patented Opti-Blend absorption, and a focus on neuroplasticity enhance memory, focus, and mood. Choose Opti-Brain for unparalleled brain nourishment from organic whole foods, ensuring optimal absorption, lasting cognitive vitality, and brain nourishment.

What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

The Results!

Experience heightened focus, memory, and mood with Opti-Brain's potent blend. The patented Opti-Blend process ensures optimal absorption, while organic whole foods and mood-boosting elements provide comprehensive brain nourishment. Elevate cognitive performance and support neuroplasticity for enhanced learning and flexibility, setting you on a path to peak mental well-being.

Quick Facts!

- •Opti-Brain promotes peak cognitive performance with enhanced focus, memory, and mood.
- Packed with omega-3s, flavonoids, vitamin E, and more for comprehensive



brain nourishment from organic whole foods.

Dosing

Recommended Dose: Take 1-4 softgels per day or as directed.

Supplement Facts

Serving Size: 4 Capsules	Servings Per Container: 22	
Amount Per Serving	% Daily Value	
Vitamin A (as Beta Carotene) (whole food blend)	2400 IU	80%
Vitamin C (as Ascorbic Acid) (whole food blend)	125 mg	139%
Vitamin D3 (as cholecalciferol) (whole food blend)	100 IU	13%
Vitamin E (as Dl-Alpha Tocopherol Acetate) (whole food blend)	15 IU	92%
Vitamin B1 (as Thiamine HCI)(whole food blend)	3 mg	250%
Vitamin B2 (Riboflavin) (whole food blend)	1.7 mg	131%
Vitamin B3 (Niacin) (whole food blend)	12.5 mg	78%
Vitamin B6 (as Pyridoxine HCI) (whole food blend)	12 mg	706%
Folic Acid (whole food blend)	400 mcg	100%
Biotin on Dicalcium Phosphate (whole food blend)	3 mcg	10%
Vitamin B5 (Pantothenic Acid) (whole food blend)	12 mg	240%
Iron (as Ferrous Fumarate) (whole food blend)	1 mg	6%
Magnesium (as Magnesium Oxide) (whole food blend)	50 mg	12%
Zinc (as Zinc Oxide) (whole food blend)	10 mg	91%
Selenium (as Amino Acid Chelate) (whole food blend)	50 mcg	91%
Copper (as Copper Gluconate) (whole food blend)	52 mcg	6%
Manganese (as Amino Acid Chelate) (whole food blend)	400 mcg	17%
Chromium (as Chromium Picolinate) (whole food blend)	12 mcg	34%
Molybdenum (as Sodium Molybdate) (whole food blend)	10 mcg	22%
Proprietary Neuro Enhancement Blend:	700 mg	**

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DMAE Bitartrate (Dimethylaminoethanol), L Glutamine, Glutamic Acid, Camellia Sinensis Ex. 4:1,
Bacopa Monneri Herb Extract 4:1, Choline (bitartrate), Inositol, N-Acetyl L-Tyrosine, Bilberry Fruit
Extract 4:1, Gaba (Gamma Amino Butyric Acid), Grape Seed Extract 4:1, Grape Fruit Seed Extract
4:1, Olive Leaf Powder, Cinnamon Bark Extract 4:1, Licorice Root Extract 4:1, Boron (Citrate),
DHA 17% Powder, Vanadyl Sulfate (Vanadium 19%), Phosphatidyl Serine 20%, Huperzine A
(from Huperzia Serrata Aerial Part Extract): Enzyme Blend: Protease, Amylase, Lipase.

Other Minerals: Calcium (Carbonate), Potassium (Citrate).

**Daily Value not established.

Other ingredients: Cellulose (Vegetable Capsule), Rice Flour, Plant-Based Magnesium Stearate

*These statements have not been evaluated by the FDA. This product is not intended to divagnose, treat, cure, or prevent any desease.

For full details and latest supplement facts, visit: www.ohs4life.com/brain