

Opti-Female

Why This Supplement?



Opti-Female surpasses other female-oriented supplements by providing a comprehensive solution to hormonal imbalances. Its distinctive blend of well-researched nutrients supports reproductive health, allowing the body to self-regulate. This formula has become a nationwide relief for women, addressing issues from adolescence to menopause with precision and effectiveness.

What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

The Results!

Experience a transformative journey with Opti-Female, witnessing improved hormonal equilibrium, diminished PMS symptoms, enhanced reproductive well-being, and elevated energy levels. Designed for women of all ages, this formula provides holistic support, addressing a spectrum of concerns from menstrual irregularities to menopausal discomfort.

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Quick Facts!

• A carefully crafted combination of herbs, including Dong Quai and Mexican wild yam, works synergistically to ease menstrual irregularities, menopausal symptoms, and more



Dosing

Take 1 capsule daily, or as directed

Supplement Facts

Serving Size: 2 Capsules	Servings Per Container 45	
Amount Per Serving		% Daily Value
B1 - Thiamin (whole food cultured blend)†	72 mcg	6%
B2 - Riboflavin (whole food cultured blend)†	84 mcg	6%
B3 - Niacin (Niacinimide) (whole food cultured blend)†	8 mg	53%
B6 - Pyridoxine (whole food cultured blend)†	1 mg	57%
B9 - Folate (Folic Acid) (whole food cultured blend)†	684 mcg	171%
B7 - Biotin (whole food cultured blend)†	146 mcg	487%
B5 - Pantothenic Acid (whole food cultured blend)†	500 mcg	10%
Uterus Powder (from bovine) (Argentina) Predigested†	30 mg	**
Ovary Powder (from bovine) (Argentina) Predigested†	30 mg	**
Pregnenolone	14 mg	**

PROPRIETARY FEMALE BLEND 540 mg **
Dong Quai Root (*Angelica sinensis*), Wild Yam Root (*Dioscorea villosa*), Red Raspberry Leaf (*Rubus idaeus*), Eleuthero (Siberian Ginseng) (Root), Chaste Tree (Fruit) (*vitexAgnus castus*), Sarsaparilla Root (*Smilax meica*), Damiana Leaf (*Turnera diffusa*), Licorice Root Extract (*Glycyrrhiza glabra*), Kelp Powder (*Ascophyllum nodosum*) (algae).

†**PROPRIETARY WHOLE FOOD CULTURED MEDIA BLEND & OPTI-BLEND™ DELIVERY SYSTEM** 56 mg **
Yeast, Pea Protein. **VITAMINS:** B1-Thiamine, B2-Riboflavin, B3-Niacin, B6-Pyridoxine, B9 Folate (Folic Acid), B7 Biotin, B5 Pantothenic Acid. **ORGANIC FRUIT & VEGETABLE BLEND:** Wild Blueberry, Apple, Raspberry, Strawberry, Oat Bran, Cranberry, Grape, Orange, Raspberry Seed, Red Pepper, Carrot, Blackberry, Bilberry, Tart Cherry, Cinnamon, Broccoli, Cucumber, Pomegranate, Beet, Black Currant, Okra, and Wild Yam. **PROBIOTICS:** L. acidophilus DDS-1™, B. lactis, B. bifidum, L. helveticus, L. brevis, L. casei, L. rhamnosus, L. plantarum, L. salivarius, L. lactis. **PLANT ENZYMES:** Amylases, Proteases, Lipase, Cellulases.

**Daily Value not established.

Other ingredients: Magnesium Stearate, Rice Flour, Maltodextrin, Silicon Dioxide.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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