

Opti-Iodine

Why This Supplement?



Opti-Iodine stands out by addressing iodine deficiency with a unique blend of potassium iodide, kelp iodine, selenium, and molybdenum. Backed by research, its Opti-Blend delivery system ensures superior absorption, making it more effective in supporting thyroid health, metabolism, and overall well-being than other iodine supplements on the market. Iodine is essential for thyroid function, influencing metabolism, energy production, and overall endocrine health.

What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

The Results!

You can expect improved thyroid health, enhanced metabolism, and overall well-being. The unique blend of iodine sources, supported by the Opti-Blend delivery system, addresses deficiency issues, ensuring optimal absorption and effectiveness for a balanced and healthier lifestyle.

Quick Facts!

- Addresses mild iodine deficiency, crucial for thyroid and metabolic health, addressing issues even in the U.S.
- Potent blend includes potassium iodide, kelp iodine, selenium, and molybdenum for comprehensive thyroid support.



Dosing

Take 1 capsule 3 times daily with meals, or as directed.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

| Amount Per Serving | % Daily Value |
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| Iodine/Iodide Blend: | 20 mg (7.5mg Iodide/Iodine) | 5,000% |
| Potassium Iodide | 10mg / Iodide | |
| Kelp Iodine (Ascophyllum nodosum) (Algae) | 10mg / Iodine | |
| (from Whole Food Cultured media) ^{††} | | |

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| Selenium (Selenium Glycinate) [†] | 25 mcg | 45% |
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| Molybdenum (Molybdenum Glycinate Chelate) [†] | 25 mcg | 56% |
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| ^{††} PROPRIETARY WHOLE FOOD CULTURED MEDIA BLEND & OPTI-BLEND™ DELIVERY SYSTEM | 20 mg | * |
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Yeast, Pea Protein. **ORGANIC VEGETABLE BLEND:** Oat Bran, Red Pepper, Carrot, Broccoli, Cucumber, Beet, Okra, Wild Yam.

ORGANIC FRUIT BLEND: Wild Blueberry, Apple, Raspberry, Strawberry, Cranberry, Grape, Orange, Raspberry Seed, Blackberry, Bilberry, Tart Cherry, Cinnamon, Pomegranate, Black Currant.

PLANT ENZYMES: Amylase, Protease, Peptzyme SP, Lipase, Invertase, Maltase, Cellulase, Lactase, Phytase, Molasses.

PROBIOTICS: L. plantarum, Lactobacillus acidophilus DDS-1, B. coagulans, Lactobacillus bulgaricus, Bifidobacterium bifidum, Lactobacillus salivarius, Lactococcus lactis, Streptococcus thermophilus, Bifidobacterium lactis.

*Daily Value not established.

Other ingredients: Rice Flour (Oryza Sativa), Hypromellose (Capsule), Rice Hull Concentrate (Oryza Sativa), Plant Based Magnesium Stearate, Silicon Dioxide.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.**

For full details and latest supplement facts, visit:
www.ohs4life.com/iodine