

## Why This Supplement?

Elevate your cardiovascular well-being with BFF. Infused with creatine nitrates, it enhances blood flow, fostering flexibility of vessels and boosting overall cardiovascular function. This holistic supplement prioritizes your well-being, ensuring heightened vitality, improved oxygen circulation, and enhanced blood vessel flexibility for optimal blood flow and circulation.

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### What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

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### The Results

Experience a revival of your circulatory system with Optimal BFF. Within minutes, witness heightened nitric oxide levels, improved blood flow reminiscent of youthful vigor, enhanced oxygen circulation, and strengthened immune response. Say goodbye to inflammation, reduce LDL cholesterol, and embrace healthier aging, heart, hair, and skin.

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## Quick Facts!

- Optimal BFF's chewable tablets swiftly enhance N-O levels, promoting blood flow, flexibility, and overall circulatory vitality.
- Easy-to-use and practical, these tablets deliver a 99% N-O boost, ensuring rapid circulatory benefits for enhanced oxygen flow.



## Dosing

Chew 3 tablets daily or as directed.

## Nutrition Facts

Serving Size: 3 Chewable Tablets      Servings Per Container: 30

Amount Per Serving		% Daily Value
Total Calories	6	**
Total Carbohydrates	1.2 g	**
Dietary Fiber	0 g	**
Sugars (from fruit)	3 mg	**
Creating Nitrate	3 g	**
†Nitrate Food Blend	600 mg	**
Camellia sinensis & Caffeine	90 mg	**
Sodium Bicarbonate	150 mg	**

\*\*Daily Value not established.

**Other ingredients:** Natural Orange Citrus Flavor, Xylitol, Stevia.

**Creating Nitrate, †Nitrate Food Blend:**

**RAW FREEZE DRIED:** Banana, Pineapple, Strawberry, Noni, C. Berry, Broccoli Sprouts, Acerola Cherry, Camu Camu, Tomato, Broccoli, Carrot, Acai, Mangosteen, Spinach, Kale, Brussel Sprouts, Elderberry, Sweet Cherry, Blackberry, Chokeberry, Raspberry.

**ORGANIC JUICES:** Raspberry, Cranberry, Strawberry, Blackberry, Carrot, Blueberry, Pomegranate, Acai, Cherry, Watermelon.

**HERBS and EXTRACTS:** Green Tea (Camellia sinensis), Onion, Red Apple, Quercetin, Organic Turmeric, Garlic, Basil, Oregano, Cinnamon, Black Currant, Blueberry.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
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