

# Optimal Complete Nutrition +

## Why This Supplement?

The body can only operate optimally if it receives proper nutrient balance. Optimal Complete Nutrition Plus supports optimal health by providing the body with the macronutrients it needs in the best and most absorbable form. Countless doctors prescribe this formula for their patients and professional athletes.

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### What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you’re getting the best nutrition possible.

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### The Results

Complete Nutrition Plus provides a full profile of vitamins, minerals, enzymes, and probiotics in a robust powder that supplies the optimum balance of the healthiest forms of protein, fat, and carbohydrates. It benefits the skin and heart AND encourages processed fats to be removed from tissue.

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## Quick Facts!

- Protein that comes from ancient grains and antioxidant-rich vegetables
- the first to combine gluten-free, dairy-free, & GMO-free carbs, Proteins, and essential omega fats into one formula



## Dosing

Take 1 scoop mixed with 8 oz. of water or other healthy fluid. Mix thoroughly and drink.

## Supplement Facts

Serving Size 1 Scoop (24g)	Servings Per Container 30
Amount Per Serving	% Daily Value
Calories	125
Calories from Fat	9
Total Fat	1 g
Saturated Fat	0
Cholesterol	0
Total Carbohydrate	9 g
Dietary Fiber	2 g
Sugars	<1 g
Protein	17 g

*Naturally occurring raw plant enzymes for pre-digestion and cellular delivery.*

**INGREDIENT LIST:** Brown Rice Protein, Banana, Apple Fiber, Carrot Fiber, Amaranth, Millet, Quinoa, Buckwheat, Flaxseed, Vanilla Flavor, Spinach, Blueberry Fiber, Cranberry Fiber, Mango, Pineapple, Stevia Extract, Chia, Carrot, Green Coffee Bean Extract, Green Tea Extract, Broccoli Sprout, Onion Extract, Apple Extract, Quercetin Extract, Silica, Tomato, Broccoli, Carrot, Camu Camu Juice Concentrate, Acerola Juice Concentrate, Acai, Basil, Garlic, Oregano, Turmeric, Cinnamon, Elderberry, Mangosteen, Black Currant Extract, Blueberry Extract, Sweet Cherry, Raspberry, Chokeberry, Blackberry, Kale, Beet Juice, Daikon Radish Sprout, Alfalfa Sprout, Sunflower Lecithin, Bilberry Extract, Brussels Sprout.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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