



E.F.A.

Vegetable Sourced Essential Fatty Acids

Depending on your diet, it can be difficult to get all the essential fatty acids your body needs for cardiovascular, brain, and eye health. And lack of fats like omega-3s is associated with degenerative diseases and nervous system disorders.

That's why we formulated Optimal EFA, to provide plant-based omega-3s using safer and more potent forms of omega-3s derived from algae, flaxseed, and borage oils. We skip the "middle fish" and get our omega-3s straight from the source.

BENEFITS

- ✓ Essential Fatty Acid formula targets cardiovascular, brain, and eye health
- ✓ Helps decrease blood pressure
- ✓ Uses safer, more potent forms of omega-3s (from algae, flaxseed, and borage oils)
- ✓ Provides nutritional support for degenerative diseases, nervous system disorders, etc.

