

# Optimal Fat-Sugar-Trim

## Why This Supplement?



Optimal Fat Sugar Trim targets improper fat and sugar digestion, crucial for preventing obesity, high cholesterol, and related diseases. Its ingredients support natural processes without harmful blockers or stimulants. Fat-Sugar-Trim properly breaks down fats and sugar to avoid obesity, high cholesterol, etc.

## What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

## The Results

By aiding digestion with essential enzymes like lipase, it promotes effective fat breakdown, reducing the risk of obesity, high cholesterol, and blood sugar imbalances. Achieve stable blood sugar, healthier cholesterol levels, and weight management. It also fixes the fundamental problem of poorly digested fats and sugars instead of trying to eliminate them once they are insufficiently digested.

## Quick Facts!

- Lipase, amylase, a patented form of chromium, rosemary, and other herbs, are used to help metabolize fat and sugar as energy.
- Contains ingredients specifically tailored to lower and stabilize blood sugar levels.



## Dosing

Take 3 capsules daily or as directed.

## Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

Amount Per Serving		% Daily Value
<b>Selenium</b> ( <i>Selenium Glycinate</i> )†	45 mcg	82%
<b>Copper</b> ( <i>Copper Bisglycinate</i> )†	75 mcg	8%
<b>Chromium</b> ( <i>Chromium Nicotinate Glycinate</i> )††	100 mcg	286%
<b>Lipase</b> ( <i>Aspergillus Niger</i> )	9 mg / 574 LU	*
<b>Garlic Bulb</b> ( <i>odorless</i> ) ( <i>Allium sativum</i> )	150 mg	*
<b>Turmeric Root</b> ( <i>Curcuma longa</i> )	60 mg	*
<b>PROPRIETARY BLEND</b> <i>Garcinia Cambogia Extract, Cinnamon Bark (Cinnamomum Verum), Raspberry Ketone, Rhodiola Crenulata Root Extract, Konjac Glucomannan Powder.</i>	75 mg	*
<b>Opti-Blend™ Delivery System</b> <i>Amylase, Protease, Protease, Serratia Peptidase, Lipase, Invertase, Cellulase, Lactase, Diastase, Phytase.</i>	30 mg	*
<b>Molasses</b>	15 mg	*

\*Daily Value not established.

Other Ingredients: Rice Flour (*Oryza Sativa*), Hypromellose (capsule), Rice Hulls (*Oryza Sativa*), Plant-Based Magnesium Stearate, Zinc (Bisglycinate Chelate)†, Manganese (Bisglycinate Chelate)†.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
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