

# Optimal Liver Kidney

## Why This Supplement?



When the liver and kidneys are not nutritionally supported and kept clean, your body stores toxins in your tissues. Toxins surround us every day, from millions of toxins dumped into the water and the air, to poor diet, high stress, and synthetic medications. Signs of toxic buildup include fatigue, headaches, irritability, insomnia, depression, poor digestion, bad breath, allergies, and skin problems. If prolonged for an extended time, it can lead to chronic illnesses like cancer, arthritis, and Alzheimer's disease.

## What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

## The Results

Support your body's detoxification system with nutrients proven to ensure average clearance of toxins, as well as protect liver cells from damage.

## Quick Facts!

- Your liver and kidneys play a crucial role in detoxification.
- Your Liver is Responsible for over 600 functions
- Optimal Liver Kidney uses predigested herbs and minerals, including milk thistle, dandelion root, and barberry root.



## Dosing

Take 2 capsules twice daily or as directed.

## Supplement Facts

**Serving Size: 2 Capsules**      **Servings Per Container 45**

Amount Per Serving	% Daily Value	
<b>Zinc</b> ( <i>Bisglycinate Chelate</i> )†	40 mg	364%
<b>Copper</b> ( <i>Bisglycinate Chelate</i> )†	50 mcg	6%
<b>Barberry Root Bark</b> ( <i>Berberis vulgaris</i> )	200 mg	*
<b>Dandelion Root</b> ( <i>Taraxacum officinale</i> )	200 mg	*
<b>Milk Thistle Seed</b> ( <i>Silymarin</i> ) Extract 80%	150 mg	*
<b>Lipase</b> ( <i>Aspergillus Niger</i> )	4 mg/255 LU	*
<b>Opti-Blend™ Delivery System</b> ( <i>Amylase, Protease I, Protease II, Serratia Peptidase, Lipase, Invertase, Cellulase, Lactase, Malt Diastase, Phytase</i> ).	10 mg	*
<b>Molasses</b>	10 mg	*

\*Daily Value not established.

Other ingredients: Rice Flour (*Oryza Sativa*), Hypromellose (Capsule), Rice Hulls (*Oryza Sativa*), Plant Based Magnesium Stearate. Manganese Bisglycinate Chelate†.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
[www.ohs4life.com/lk](http://www.ohs4life.com/lk)