

Optimal Muscle RX

Why This Supplement?



Anabolism, the “positive energy balance,” is when your body has the proper nutrients to sustain and build strong, lean muscle, which helps reduce the risk of heart disease, osteoporosis, and cancer. Muscles ease joint and spinal pressure by keeping your body in alignment. As we age, it gets harder to sustain and build muscle. Poor diet, stress, sedentary lifestyles, injury, poor digestion, and even strenuous exercise can cause you to lose muscle.

What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you’re getting the best nutrition possible.

The Results

It works just as well as prescription anabolic steroids to sustain and build muscle but without any of the side effects.

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Quick Facts!

- Contains patented magnesium and calcium, which are fully absorbed and do not cause stomach upset.
- Contains patented BCAA Leucine, Iso-Leucine, and Valine.



Dosing

see website for dosing.

Supplement Facts

Serving Size: 10 Capsules

Servings Per Container: 30

Amount Per Serving		% Daily Value
Magnesium Patented Organic Magnesium ^{†††} , Patented Magnesium from Magnapower ^{®††} , Patented Magnesium from Magnesium Glycyl Glutamine ^{††††} .	200 mg	47.6%
Creating Creating Monohydrate, Patented Magnesium Creating ^{††} .	4000 mg	**
Branch Chain Amino Acids Leucine, Iso-Leucine, Valine.	2000 mg	**
Glutamine Patented Magnesium Glycyl Glutamine ^{††††} .	1000 mg	**
Chromium As Chromium Polynicotinate, Chromium Nicotinate Glycinate ^{†††††} .	500 mcg	1428%
Whole Food Cultured Media: Saccharomyces Cerevisiae, Pea Protein.	130 mg	**

Plant Enzymes: Amylase, Protease I, Protease II, Peptizyme SP[®], Lipase, Invertase, Maltase, Cellulase, Lactase, Phytase.

Stabilized Probiotics: Patented DDS-1 L. Acidophilus^{††††††}, L. plantarum, Bacillus Coagulans, Lactobacillus bulgaricus, Bifidobacterium Bifidum, Lactobacillus Salivarius, Lactococcus Lactis, Streptococcus Thermophilus, Bifidobacterium lactis.

Fruits/Vegetables/Whole Foods: Wild Blueberry, Apples, Cinnamon, Raspberry, Strawberry, Oat Bran, Red Bell Pepper, Carrot, Wild Bilberry, Tart Cherry, Raspberry Seed, Blackberry, Cranberry, Concord Grape, Orange, Pomegranate, Black Currant, Beet, Broccoli, Cucumber, Okra, Wild Yam.

**Daily Value not established.

Other Ingredients: Rice Flour (Oryza Sativa), Rice Hull Concentrate (Oryza Sativa), Hypromellose (Capsule), Plant Based Magnesium Stearate, Silicon Dioxide.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:
www.ohs4life.com/MRX

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