

# Optimal Whole C

## Why This Supplement?



Many Health and supplement companies use ascorbic acid as the main ingredient and advertise it as vitamin C, but it's not. Supplementing only a tiny fraction of the whole nutrient or incomplete form forces the body to use its reserves to add the missing pieces, depleting vital resources you need for the other bodily functions. This can seriously harm your health.

## What Sets Us Apart?

Just like your Health Professional, Optimal Health Systems cares about patients, which is why we exclusively create supplements with nutrients derived from whole foods—not cheap, synthetic alternatives. Rest easy, knowing you're getting the best nutrition possible.

## The Results

Ingredients derived from raw fruits and fruit juices ensure your body gets Vitamin C the way nature intended. This is the safest, most complete, and scientifically advanced Vitamin C supplement ever developed.

## Quick Facts!

- No synthetic ingredients.
- Works as an antioxidant.
- Assist in collagen formation.
- Boost immune system.
- Helps synthesize stress hormones.



## Dosing

Chew 1 tablet twice daily or as directed.

## Supplement Facts

Serving Size: 1 Chewable Tablet

Servings Per Container: 60

Amount Per Serving	% Daily Value	
Total Calories	3	<1%
Total Carbohydrates	0.8 g	
Dietary Fiber	0 g	0%
Sugars (from fruit)	1 mg	
Vitamin C (from Acerola Cherry Fruit ext., Black Currant Fruit powder, Orange Fruit Powder and Grapefruit Fruit powder)	166 mg	184%
Citrus Bioflavonoids	25 mg	**

\*\*Daily Value not established.

**Other ingredients:** Natural cherry flavor, plant derived magnesium stearate, stearic acid, and microcrystalline cellulose.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For full details and latest supplement facts, visit:  
[www.ohs4life.com/whlc](http://www.ohs4life.com/whlc)