

One Key to Health: A Good Night's Rest

Sleep Well

Provides a low pre-digested dose of melatonin to fall asleep. It works much better than other formulas because it is delivered at the cell level.

Natural Support

Assists the gland that produces melatonin (pineal gland) in supplying our body with the melatonin that your body needs.

Stop the Snacking

Studies show better sleepers snack less, especially at night when we're prone to choosing the least healthy options.

Rest & Repair

Better sleep means your body will have a better chance and more time to repair itself each night.











Whole Food



Gluten-Free



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