

WHOLE FOOD VITAMIN MINERAL DIETARY SUPPLEMENT

- EACH DOSE CONTAINS 100% DAILY VALUE OF 24 ESSENTIAL VITAMINS AND MINERALS
- MINERALS ARE RETAINED AT THE HIGHEST LEVELS AND ARE AT THE LOWEST TOXICITY
- OUR PREDIGESTED VITAMINS AND MINERALS ARE ABSORBED AT THE CELLULAR LEVEL

We created **Optimal 2 Whole Food Vitamin Mineral** for two important reasons: First, our daily diets don't always cover everything we really need. Second, and perhaps more importantly, key nutrients aren't always absorbed and retained for use by the body, even when we take supplements.

This formula was created to keep your nutritional bases covered by providing 100% of the daily value of **24 essential vitamins and minerals** AND to ensure those nutrients are absorbable at the cellular level.





